



## ALLERGENS

### PAINS

**Selection of artisan bread** with butter & bagna cauda

**Allergens:** dairy; gluten; fish

### SOUPES

**French onion soup** with Comté cheese & croutons

**Allergens:** dairy; gluten; sulphites

**Fish soup** with rouille & Comté cheese

**Allergens:** dairy; gluten; molluscs; sulphites; fish; mustard; celery; eggs

**Brittany lobster bisque** with croutons

**Allergens:** dairy; gluten; crustaceans; sulphites

### SALADES

**Grilled octopus** with roasted shallots, chorizo, patatas bravas, romesco sauce & rocket

**Allergens:** molluscs; sulphites; mustard; lupin; nuts (almonds)

**Chèvre goats cheese gratin sur croûtons** with baby gem, poached pear & hazelnuts

**Allergens:** dairy; gluten; sulphites; mustard; nuts (hazelnuts)

**Tuna Niçoise** with line-caught tuna, green beans,

tomatoes, potatoes, olives, eggs, cucumber & house dressing

**Allergens:** sulphites; fish; mustard; eggs

### HUITRES

**All oysters**

**Allergens:** molluscs; sulphites

### HORS D'OEUVRES

**Classic moules marinières** with garlic, parsley & cream

**Allergens:** dairy; molluscs; sulphites

**Rock shrimp tempura** with lao gan ma smashed

cucumber salad, R&A chilli jam, coriander & toasted peanuts

**Allergens:** gluten; crustaceans; sulphites; mustard; eggs; celery; soya; nuts (peanuts & sesame); sashimi oil; fish

**Hand picked Devon crab** with pickled green apple, avocado, pimento salsa & toasted brioche

**Allergens:** dairy; gluten; crustaceans; sulphites; eggs; nuts (almonds)

**Crispy calamari** with aioli & lemon

**Allergens:** dairy; gluten; molluscs; sulphites; mustard; eggs;

**R&A prawn cocktail** with remoulade, cucumber, baby gem & cocktail sauce

**Allergens:** crustaceans; sulphites; mustard; eggs

**Tuna & Hamachi Sashimi** with avocado salad, shiso & smoked ponzu dressing

**Allergens:** sulphites; fish; sesame; soya

**Pan fried scallops** with crushed peas, smoked bacon, pickled girolle mushrooms & velouté

**Allergens:** dairy; molluscs; sulphites;

### CAVIAR

**Royal Baerii caviar** with blinis, crème fraîche, egg yolk & shallots

**Allergens:** dairy; gluten; crustaceans; eggs

### POISSONS

**Spaghetti alle vongole** with white wine, garlic, parsley & chilli

**Allergens:** gluten; molluscs, sulphites

**Bouillabaisse** with mixed fish, seafood, sourdough croutons & aioli

**Allergens:** dairy; gluten; fish; molluscs; sulphites; crustaceans; mustard; celery; eggs

**Roasted skate wing** with brown shrimps, capers, crispy garlic & parsley butter, ratte potatoes & hispi cabbage

**Allergens:** dairy; gluten; fish; crustaceans

### POISSONS - cont

**Grilled tuna** with roast mediterranean vegetables, feta, rocket, green tapenade

**Allergens:** dairy; fish; sulphites; mustard

**Haddock & chips** with minted pea purée & tartare sauce

**Allergens:** gluten; sulphites; fish; mustard; eggs

**Roasted hake** with morels stuffed with Lyonnaise onions, steamed spinach, potato mousseline & Muscadet velouté

**Allergens:** dairy; sulphites; fish; eggs

**Grilled Atlantic cod** with braised artichoke hearts, prawn & sesame potato rosti & sauce vierge

**Allergens:** crustaceans; sulphites fish; sesame

### VIANDES / ROTISSERIE

**Roasted French chicken** with a garlic, parsley & lemon sauce, aioli & house chips

**Allergens:** sulphites, mustard; eggs

**Beef burger prime** prime aged beef with pommes frites

**Allergens:** dairy; gluten; mustard; eggs

**Grilled beef sirloin** with house chips & truffle dressed

watercress & a choice of sauce au poivre or garlic butter

**Allergens:** (depending on sauce) dairy; sulphites; mustard

### FRUITS DE MER

**Plats de fruits de mer** 06 rock oysters, Dorset crab, Atlantic shrimps, octopus, cockles, clams, Native mussels, sashimi & Mediterranean prawns

**Allergens:** mollusc; crustaceans; sulphites; fish; mustard; eggs; soya; sesame

**Assiette de fruits de mer** 3 rock oysters, crab, mediterranean prawn, pink prawns, mussels, cockles & sashimi

**Allergens:** mollusc; crustaceans; sulphites; fish; soya; sesame

**Pink prawns (with shell on)** 1/2 pint with mayonnaise

**Allergens:** crustacean, mustard; eggs

**Dorset brown crab** with mayonnaise & potato salad

**Allergens:** crustaceans; sulphites; mustard; eggs

**Garlic roast Mediterranean prawns** with pommes frites

**Allergens:** dairy; crustacean; mustard

**Lobster mayonnaise** with potato salad

**Allergens:** crustaceans; sulphites; mustard; eggs

**Lobster roasted in garlic** butter with pommes frites

**Allergens:** dairy; crustaceans; sulphites; mustard

### SIDES

**Tenderstem broccoli** with chilli, garlic & olive oil

**Allergens:** n/a

**Buttered ratte potatoes**

**Allergens:** dairy

**Heritage tomatoes, shallots & basil salad**

**Allergens:** sulphites; mustard

**Rocket, mushroom & parmesan salad** with sherry dressing

**Allergens:** dairy; sulphites; mustard

**Truffle pecorino cheese chips**

**Allergens:** dairy; see below

**Pommes frites**

**Allergens:** see below

**Zucchini fritters** with basil mayonnaise

**Allergens:** gluten; dairy; eggs; mustard

**Any dish served with pomme fries & house chips may have gluten contamination from fryers. Please check with your server**